

VB 2010 Profile - RYUZO SHINOMIYA



THE OKINAWA DRAGON

Ryuzo Shinomiya is by now a regular at Dean's Blue Hole, having competed at both previous Vertical Blue invitationals and the World Champs. It was at the 2008 edition of VB, where Ryuzo became the first person from the Asian continent to break the 100 meter mark, that he earned his name as the Okinawa Dragon - we only recently discovered that Ryu actually means dragon in Japanese! The adjunct 'zo' means three, and this April Ryuzo will be thirty three years old, so perhaps this year the dragon will roar even louder...

One feature of Ryuzo's freediving is that he is always rock solid on the surface - not once has he been disqualified for a samba or blackout. Early turns due to equalisation have been his curse, but if he can increase his equalising depth then he definitely has the oxygen in his 9.6L lungs to dive a lot deeper.

Last year he added three meters to his PB, to finish on 107 meters. Will he add another 'zo' in 2010 to enter into the dizzying club of 110-meter divers? In two weeks we will find out... already he is at 90m, after less than a week of depth training.

best results - all federations / all time							
		world			Japan		
disc.	RP	#	% avg	% max	#	% avg	% max
STA	7:25	26.	156.4%	64.0%	1.	143.0%	100.0%
DYN	192m	32.	185.9%	76.8%	2.	176.9%	87.7%
DNF	91m	109.	107.0%	39.2%	9.	119.7%	58.0%
CWT	107m	7.	219.5%	87.0%	1.	223.8%	100.0%
CNF	50m	29.	117.6%	55.6%	2.	154.5%	76.9%
FIM	81m	11.	162.3%	72.3%	1.	198.9%	100.0%

statistics courtesy of <http://apnea.cz/ranking.html>?

Nice image of the dragon, I will tatoo it!
by *chi hair dryer* on 2010-04-16 10:41:00

who made that painting?
by *Joe Shmoe* on 2010-10-02 16:26:08