

# Gossip from the Bahamas

Eric Fattah, ex-world record holder in Constant Weight, has announced that he has switched to 'FRC dives,' and will be exhaling at the surface before beginning the dive, flooding ears and sinuses with water during the descent.

Dave Mullin's made his intentions clear this morning, racing into the triple digits with a 100m CWT dive the day after touching down on the island. Some 'fireworks' during the ascent, but the narcosis was 'manageable' he said...

Karol Meyer and Kerian Hibbs have been doing super fun sled dives standing on the base plate and being carried down into the blue night...

Kathryn McPhee and Natalie Avseenko continue to extend themselves in constant weight without fins. Secrets and tactics begin to enter the game, and both athletes talk about their dives in purely qualitative terms...

Frank Pernet is also unstoppable without fins, months of pool training having paid off as he cruises from one PB to the next.

William Winram is apparently 'out of the chase' for a world record in CNF at this event, but Trubridge is wary, having already been fleeced by the older William's bluffs in poker.

The Japanese contingent train in secrecy. Ryuzo is watched closely by his partner Tomoko, and for all we know could be diving halfway back to the Okinawa islands by now. If anyone can translate Japanese there may be some clues (as well as the cool photos) on Ryuzo's blog.

As the moon wanes the tides settle, the winds die and a calm descends on the Blue Hole and the island. 36 hours to the first official top...



Best of luck everyone! I hope it is a fantastic event for all involved and that personal bests, national records, and world records are set!

by Sam Trubridge on 2008-03-31 04:10:51

Nathalie, Kathryn. If you both are after CNF WR, remember that shared happiness is double happiness. Announce the same depth :-)

by Sebastian on 2008-03-31 14:03:52