

Leo and Megumi

The Japanese are always a strong contingent at any competition, and Vertical Blue 2008 is no exception. Leo and Megumi round out the team of four from the land of the rising sun, although Leo is competing for America, having been a resident of Hawaii for the last 27 years.

Both Leo and Megumi are Apnea Academy instructors and were close friends of the late Jacques Mayol.



Megumi Matsumoto

松元 惠

DOB: 30/11/1957 (Sagittarius)
Kagoshima, Japan
height 160cm
weight 50kg
lung volume 4.0L

National records: FIM 54m, CNF 32m

What is your favourite piece of music to listen to while visualising a freedive? **The soundtrack to the Big Blue**

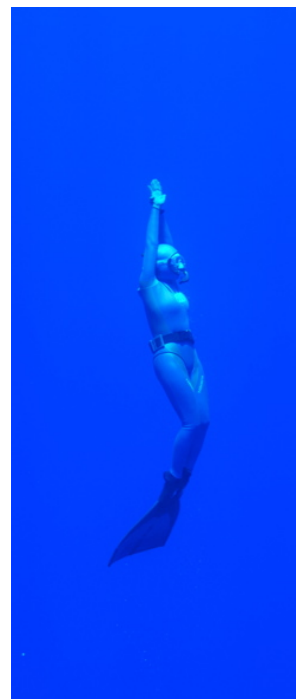
Who do you think is the most talented freediver of the opposite sex? **Martin Stepanek**

Describe your most beautiful freedive? **Freediving with whales**

Favourite fish? **Pelagic fish like marlin and tuna**

What is the first thing you eat after a dive? **Fruits**

The cliff overhanging Dean's Blue Hole is 10m high. Will you jump feet first, head first or need to be pushed? **Do not want to jump down!**



Leo Muraoka

村岡 康正

DOB: 28/7/1955 (Leo)
height 168cm
weight 61kg
lung volume 5.5L

CNF 48m, FIM 66m, CWT 70m

What is your favourite piece of music to listen to while visualising a freedive? **Strong local kine music**

Who do you think is the most talented freediver of the opposite sex? **Sara? Natalia? I do not know yet.**

What current opinion about freediving training do you think is mistaken? **too much packing (carpa) before a freedive**

Describe your most beautiful freedive? **My first dive with humpback whales in Hawaii 20 years ago, playing with a mother and her calf.**

Favourite fish? **mako**

Do you abstain from 'romance' the night before a big dive? **Anything goes**

What is the first thing you eat after a dive? **Women!**

The cliff overhanging Dean's Blue Hole is 10m high. **Head first, if you come with me!**



Way to go Megumi & Leo! I wish I was there!
by Annabel Edwards on 2008-04-13 10:09:40